



ADVANCED VOLLEYBALL

LEAGUE RULES

TEAM COMPOSITION

- Teams may play with 3 or 4 players in the league.
- Teams can be co-ed or same-sex.

SCORING

- Regular season games are to 21 with the cap being 23 using rallying scoring.
- 3 games per night
- Self-referring – please record your scores on the clipboard provided at the stand.

PLAYING THE BALL

- No setting the serve.
- No open hand tipping.
- No setting the ball over the second contact, unless player is square to the net and the contact is clean.
- There are no rotational rules for this league, but you must keep the same serving order.
- When setting the ball (overhand) the ball can have no more the ½ rotation of spin.
 - Anything more than ½ rotation will be considered a double contact.
- No double contacting the ball allowed unless the ball is considered a “hard-driven” ball.
- You cannot set a “free ball.”
- A block touch does not count as a “contact.”

TIME OUTS

One 30-second timeout is allowed per night



ADVANCED VOLLEYBALL

LEAGUE RULES

SUBSTITUTES

Substitute players are allowed. Teams are responsible for finding substitute players. Subs may enter between matches or games, but not between rounds.

FORFEITS

Forfeits happen and we understand that you might not be able to make it every night. If you do need to forfeit, please contact the League Coordinator, Ben, and let him know in advance so he can contact the other team. If a team forfeits a total of 3 games in a season, they will be removed from the league.

QUESTIONS

For more league questions and details, contact our League Coordinator, Ben.

Email: bzarling@skylinesocialandgames.com

Phone: 218-520-0539.